

**Nursing Magazine For Nursing Professionals**

**NO-5  
Oct-2025**

# **Nursing Magazine**

*By*

**Nursing Profession**





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# Nursing A Symbol Of Seva

----- Commitment to Care -----

Yes, "nursing is medium of seva" accurately describes nursing as a way of providing selfless service, a concept rooted in the Sanskrit word "seva" which signifies devotion, compassion, and care.



**Triage and Patient Care :** Nurses prioritize patients' needs, making rapid decisions in high-pressure situations.

**Emotional Support:** Nurses provide emotional and psychological support to victims, helping them cope with trauma and stress.

**Community Education:** Nurses educate communities about disaster prevention, preparedness, and response, promoting public health and safety.

**Symbol of care:** Former Indian President Ram Nath Kovind called nurses "a symbol of seva" for their role in providing care and compassion to patients and families.

**Healthcare in action:** Nurses' direct involvement in patient care, implementing health programs, and supporting individuals during illness and injury aligns with the principles of service inherent in "seva".

**Compassion and care:** It implies a deep sense of empathy, kindness, and dedication in serving people.



**Adaptability and Resilience:** Nurses demonstrate remarkable adaptability and resilience in the face of challenging situations, often working with limited resources.

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## Nurses: The Backbone of Health Care

**COVID-19 Pandemic (2020-2022):** Nurses played a crucial role in managing patient care, administering vaccines, and providing public health education. They worked tirelessly in hospitals, often under extreme pressure, to save countless lives and control the spread of the virus.



**Ebola Outbreak (2014-2016):** Nurses in West Africa demonstrated remarkable dedication and bravery, caring for patients while risking their own lives. They also educated communities about transmission prevention and contact tracing, ultimately helping to contain the epidemic.

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**Taiwan Earthquake (2024):** Nurses at a maternity hospital quickly secured and protected newborns, demonstrating their calm and courageous presence during chaos



**Nepal Earthquake (2015):** Nurses provided critical care to victims, setting up makeshift clinics and working in challenging conditions. Their efforts helped minimize secondary infections and complications, supporting the country's road to recovery.



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# TNAI-Trained Nurses Association of India

The Trained Nurses' Association of India (TNAI) is a national professional organization for nurses in India. Founded in 1908, it works to advance the professional, educational, and socioeconomic well-being of nurses across the country.

## THE TRAINED NURSES ASSOCIATION OF INDIA

MOVING AHEAD WITH COMMITMENT  
AND DEDICATION SINCE 1908

WEB: [WWW.TNAIONLINE.ORG](http://WWW.TNAIONLINE.ORG)  
CONTACT: 011-40195409/07



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## History.

**1908:** The association was founded in Lucknow as the Association of Nursing Superintendents.

**1922:** It merged with the Trained Nurses' Association to become the Trained Nurses' Association of India.

**1950:** The Government of India recognized TNAI as a service organization.

**1960:** The foundation stone for the TNAI Headquarters in New Delhi was laid.

**1961:** The headquarters building was inaugurated by former Prime Minister Indira Gandhi.

**1974:** TNAI became a member of the Commonwealth Nurses Midwives Federation (CNMF).

**2007:** In recognition of its service, the Government of India renamed the lane where its headquarters is located to Florence Nightingale Lane.

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**2011:** A commemorative stamp was released in TNAI's honor.

**2012:** Former President of India Dr. A.P.J. Abdul Kalam inaugurated the TNAI's Central Institute of Nursing & Research and Elderly Care Home in Greater Noida.

## **Objectives**

To uphold the dignity and honor of the nursing profession.

To promote a sense of esprit de corps among all nurses.

To advance the professional, educational, economic, and general welfare of nurses.

To establish and maintain high standards for nursing practice, education, and service.

To stimulate and promote research to enhance evidence-based practice.

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## **Structure and membership**

TNAI is organized at national, state, and local unit levels.

**Membership:** Open to registered nurses and midwives, health visitors, and auxiliary nurse-midwives (ANMs).

Student Nurses' Association of India (SNAI): An affiliate organization for student nurses, established in 1929.

### **TNAI Established 3 Buildings**



**TNAI Guest House**



**Day Care Centre**



**Central Institute of Nursing Research**

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## Key activities and initiatives

**Continuing education:** Organizes conferences, workshops, and skill-training programs to help nurses update their knowledge and skills.

**Publications:** Publishes the monthly Nursing Journal of India, which serves as a vital communication link for its members.

**Representation:** Represents Indian nurses to national and international organizations, including the International Council of Nurses (ICN).

**Welfare programs:** Manages welfare funds and schemes, including personal accident and death insurance, and offers support to members in need.

**Recruitment services:** Operates a government-accredited placement agency to provide safe and fair employment opportunities for nurses in India and abroad.

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# Updates

**Last date of Admission Extend from 30th September 2025 to 31st October 2025.**

## NOTIFICATION No. 10 of 2025

Sub: Extension of Last date of Admission for all Nursing Programs for Academic Year 2025-26 – reg.

In continuation to earlier notification no. 1 of 2025 & 2 of 2025, Indian Nursing Council has extended the last date of admission to nursing programs ie. ANM, GNM, B.Sc.(N), PBB.Sc.(N), M.Sc.(N), Ph.D(N), Post Basic Diploma and Nurse Practitioner programs from **30<sup>th</sup> September 2025 to 31<sup>st</sup> October 2025.**

In continuation to earlier notification no. 1 of 2025 & 2 of 2025, Indian Nursing Council has extended the last date of admission to nursing programs ie. ANM, GNM, B.Sc.(N), PBB.Sc.(N), M.Sc. (N), Ph.D(N), Post Basic Diploma and Nurse Practitioner programs from 30th September 2025 to 31st October 2025.

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# Updates

## EMRS Female Staff Nurse Vacancy

### Important date for Application

Application Start Date	September 19, 2025
Application End Date	October 23, 2025

Total Vacancies: 550 & Application Mode: Online

**Interested candidates can apply online through the official [Nests.tribal.gov.in](https://Nests.tribal.gov.in) website.**

**The selection will be based on a two-stage examination process, followed by document verification.**



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# Updates

## GNC official Email ID Changed

Gujarat  
Nursing  
Council

—  
Update

<small>All Communications to be addressed to the Registrar</small>		<small>www.gujaratnursingcouncil.org registrar@gujaratnursingcouncil.org 079-22682089</small>
<input type="checkbox"/> Speed Post <input type="checkbox"/> Regi. Post A.D. <input type="checkbox"/> Hand Delivery	<b>GUJARAT NURSING COUNCIL</b>	
<small>GNC Ref. No. GNC/Noti/38121</small>	<small>Date : 29/09/2025</small>	
<b><u>NOTIFICATION</u></b>		
<b>Subject: Change of Official Email ID</b>		
This is to notify that the official email ID of the Gujarat Nursing Council has been changed with immediate effect.		
<ul style="list-style-type: none"><li>• Previous Email ID : <a href="mailto:gujaratnursingcouncil@yahoo.com">gujaratnursingcouncil@yahoo.com</a></li><li>• New Email ID : <a href="mailto:registrar@gujaratnursingcouncil.org">registrar@gujaratnursingcouncil.org</a></li></ul>		
All concerned are requested to kindly update their records and use the new email ID for all future correspondence. Communications sent to the old email ID may not be monitored.		
This notification is issued for information and necessary action.		
 Dr. Pragna Dabhi Registrar Gujarat Nursing Council		

આથી જાણ કરવામાં આવે છે કે ગુજરાત નર્સિંગ કાઉન્સિલનું સત્તાવાર ઇમેઇલ આઈડી બદલવામાં આવ્યું છે.

પહેલાનું ઇમેઇલ આઈડી: [gujaratnursingcouncil@yahoo.com](mailto:gujaratnursingcouncil@yahoo.com)

નવો ઇમેઇલ આઈડી: [registrar@gujaratnursingcouncil.org](mailto:registrar@gujaratnursingcouncil.org)

જૂના ઇમેઇલ આઈડી પર મોકલવામાં આવેલા સંદેશાવ્યવહાર પર નજર રાખી શકાશે નહીં.

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# Nursing World Wide

## Maternity staff provide emergency birth training for air ambulance crew



The training was led by midwife Caroline Lacy, and supported by a team of other midwives, an obstetrician, and an obstetric registrar.

**Venue:** The training took place at the air ambulance's hangar at Henstridge Airfield.

**Content:** The training included structured workshops and scenarios with visual aids. These practical exercises helped build the crew's confidence in managing rare but high-stakes obstetric presentations.

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# Simulation-Based Nursing Education

**Simulation-Based Nursing Education is a teaching method that uses simulated clinical scenarios to educate nursing students. It involves creating a controlled environment that mimics real-world clinical situations, allowing students to practice and develop their clinical skills, critical thinking, and decision-making abilities.**



Simulation-based nursing education has emerged as a transformative approach in nursing training, offering a controlled and immersive environment for students to develop critical thinking, clinical judgment, and hands-on skills. This innovative method has revolutionized the way nursing education is delivered, providing a more effective and engaging learning experience.

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# Benefits of Simulation-Based Nursing Education

**1.Enhanced Critical Thinking:** Simulation-based education encourages students to think critically and make sound judgments in high-pressure situations.

**2.Improved Clinical Skills:** Students develop and refine their clinical skills in a safe and controlled environment, reducing errors and improving patient care.

**3.Increased Confidence:** Simulation-based education boosts students' confidence in their abilities, preparing them for real-world clinical scenarios.

**4.Reduced Anxiety:** Students become familiar with clinical situations, reducing anxiety and stress in actual clinical settings.

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# Health Related Current Affairs

## Who statement on Autism related issues

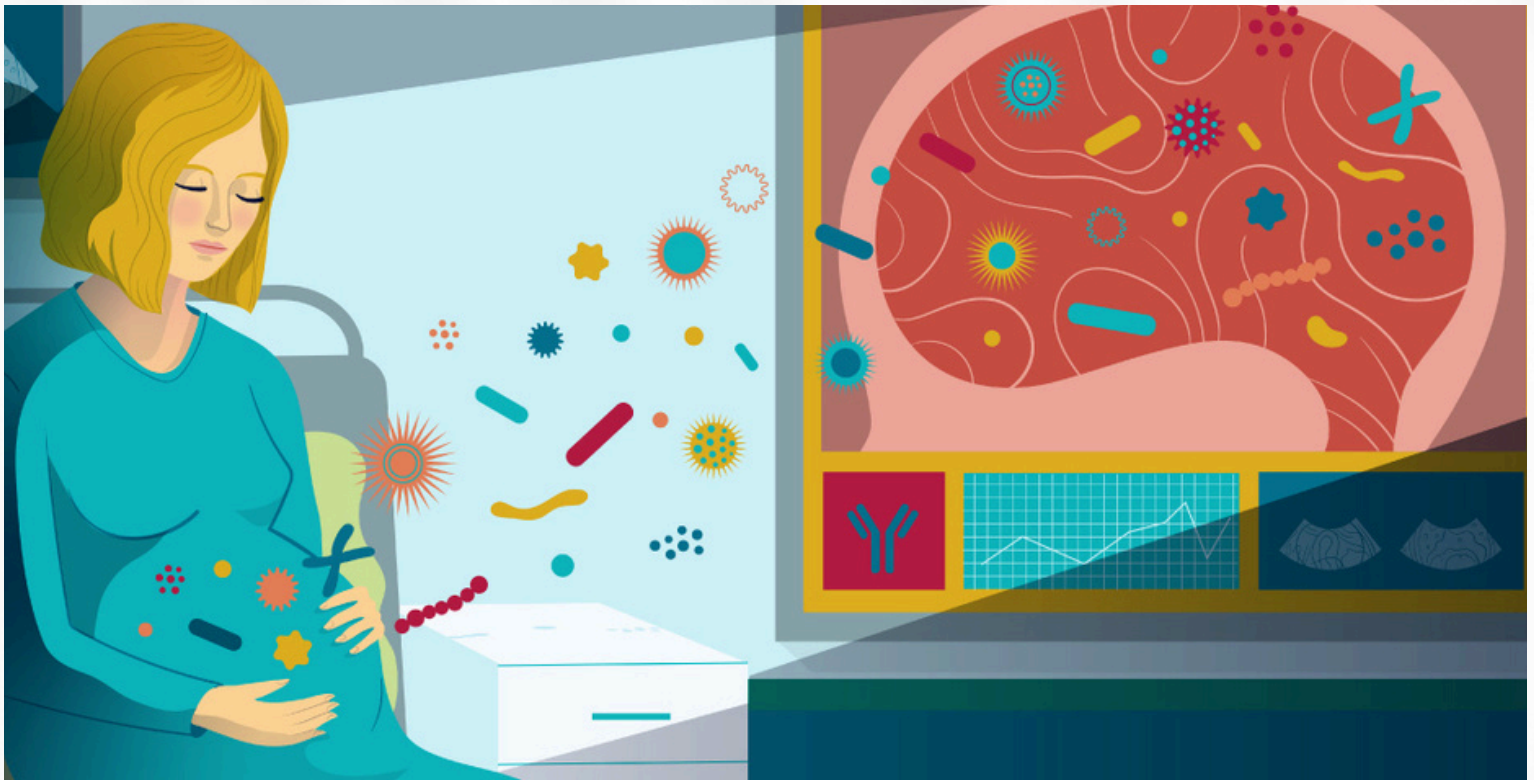


The World Health Organization (WHO) emphasizes that there is currently no conclusive scientific evidence confirming a possible link between autism and use of acetaminophen (also known as paracetamol) during pregnancy.

Cont...

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Globally, nearly 62 million people (1 in 127) have autism spectrum disorder, a diverse group of conditions related to development of the brain. Although awareness and diagnosis have improved in recent years, the exact causes of #autism have not been established, and it is understood there are multiple factors that can be involved.



Extensive research has been undertaken over the past decade, including large-scale studies, looking into links between acetaminophen use during pregnancy and autism. At this time, no consistent association has been established.

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# Health Related Current Affairs

## Swasth Nari, Sashakt Parivar Abhiyaan

The Swasth Nari, Sashakt Parivar Abhiyaan is a nationwide health initiative inaugurated by the Hon'ble Prime Minister of India, Shri Narendra Modi. It is focused on improving the health and nutrition of women and children across India. Organized in convergence with Poshan Maah - a month-long movement dedicated to nutrition awareness - the campaign highlights the crucial role of women's health in building stronger families and a healthier nation.



The campaign brings together communities, healthcare providers, and policymakers to reaffirm the vision: **Healthy Women, Empowered Families, Stronger India.**

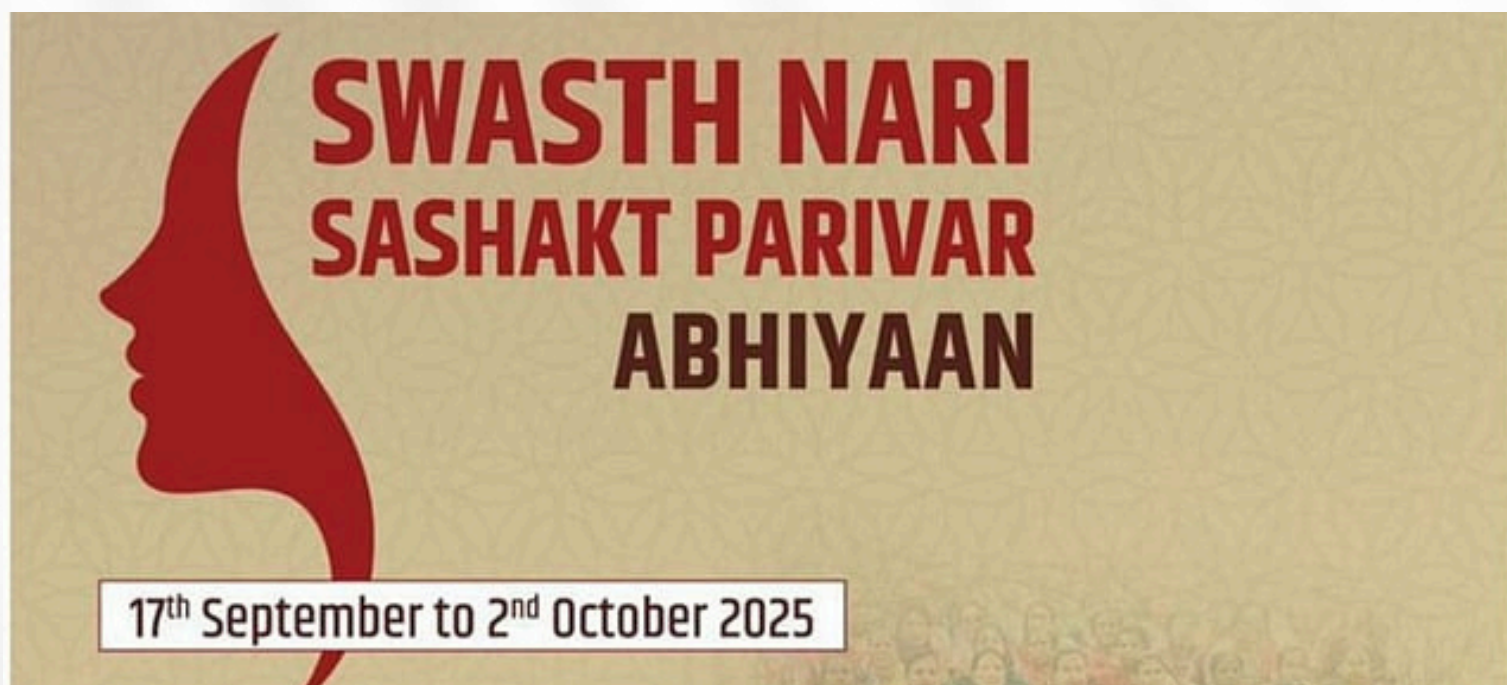
## **The campaign activities are aimed to:**

**Improve health outcomes for women, adolescent girls, and children.**

**Provide screening for communicable and non-communicable diseases.**

**Conduct health counselling and awareness sessions on nutrition and hygiene.**

**Strengthen immunization and child health coverage.  
Ensure access to comprehensive health services nationwide.**



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# Health Related Current Affairs

## सैन्य नर्सिंग सेवा का शताब्दी समारोह

The Military Nursing Service (MNS) on Wednesday celebrated the historic milestone of 100 years of unwavering dedication to the defence services and the nation. On the occasion, it paid a heartfelt tribute to the legacy, courage, and compassion of the nursing officers who have served across generations.



**100 Year Of MNS**

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# Aster Guardians Global Nursing Award

accepting applications and nominations for 2026

## The world is waiting to hear your nursing story!

Apply for the Aster Guardians  
Global Nursing Award 2026.



Apply/Nominate Now

**Vibhaben Gunvantbhai Salaliya**  
Finalist, Aster Guardians  
Global Nursing Award 2025

The Aster Guardians Global Nursing Award 2026 is a prestigious international award with a grand prize of USD 250,000. The fifth edition is open to applications and nominations from registered nurses worldwide who have made exceptional contributions to the field.

## Key dates and process for the 2026 award

**Application process:** Applicants must be registered nurses with at least two years of experience. They can apply online via the official website, [www.asterguardians.com](http://www.asterguardians.com), and must highlight their contributions in one to three areas.

**Award ceremony:** The winner will be announced at a gala awards ceremony in May 2026, tentatively scheduled for May 12, to coincide with International Nurses Day.

### How to apply or nominate

**Apply directly:** Registered nurses can visit the Aster Guardians website, complete the application form, upload supporting evidence, and provide references.

## Eligibility requirements

**To be eligible, candidates must meet the following criteria:**

Be a registered nurse with a valid license in their country.

Have at least two years of experience as a registered nurse.

Be 18 years of age or older as of November 30, 2025.

Hold a valid passport for travel to the awards ceremony.

Submit a completed application form online.



# Quiz

**First Step in Nursing Process ?**

**Assessment**

**Diagnosis**

**Planning**

**Implementation**

**Four Year B.sc Nursing Was Started In ?**

**1946**

**1950**

**1948**

**2001**

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# Quiz

**In general Ward Nurse Patient Ratio Should Be ?**

**1:3**

**1:5**

**1:1**

**1:7**

**In ICU Nurse Patient Ratio Should Be ?**

**1:3**

**1:1**

**1:2**

**1:4**



## **About Us**

**Welcome to Nursing Monthly Magazine, your premier source for the latest updates, trends, and insights And More in the nursing profession. Our mission is to empower nurses with knowledge, innovation, and best practices, shaping the future of healthcare.**

## **Our Mission And Vision :-**

**Empowering nursing professionals with knowledge, Latest Updates , insights, and innovation in Nursing profession.**

## **Our Reach:-**

**Nursing Monthly Magazine reaches a audience of Approximately 10,000 nursing professionals across various specialties, Nursing Students Groups and various Social Media Platform.**



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