

Nursing Magazine For Nursing Professionals

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By

Nursing Profession





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SOME REASON NURSE SHOULD PROUD OF THEIR SELF

There are numerous reasons why nurses should be proud of profession.

1. Making a positive impact on patients' lives:

Nurses are often at the bedside during vulnerable and challenging times, offering comfort, care, and support that can make a profound difference in a patient's journey to recovery.

2. High level of trust and respect:

Nursing consistently ranks among the most trusted professions, reflecting the public's appreciation for their honesty, ethics, and dedication to patient well-being.

3. Being the backbone of the healthcare system:

Nurses play a crucial role in delivering healthcare across diverse settings, from hospitals to homes and communities, ensuring the smooth functioning of the system.

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4. Advocating for patients:

Nurses are often the strongest voice for their patients, ensuring their needs and preferences are heard and respected in the healthcare decision-making process.

5. Promoting health education and preventative care:

Nurses empower individuals and families to make informed decisions about their health, fostering healthier lifestyles and communities.

6. Diverse career opportunities and specialties:

Nurses can advance their careers through further education, specialized training, and leadership roles, shaping the future of nursing and healthcare.

7. Valuing cultural competence and diversity:

Nurses work with diverse populations, requiring them to understand and respect different cultural backgrounds and beliefs to provide equitable and inclusive care.

8. Collaborative team dynamic:

Nurses work collaboratively with other healthcare professionals, fostering teamwork and shared goals for improving patient outcomes.

9. Adapting to evolving technology:

Nurses embrace new technologies to improve patient care and enhance the efficiency of healthcare delivery.

10. Addressing social determinants of health:

Nurses play a crucial role in addressing social factors that influence health and well-being, advocating for individuals and communities facing challenges like food insecurity and lack of access to care.

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The First Nurse in India

The first Indian woman to receive formal nursing training was Bai Kashibai Ganpat in 1891. She was trained at the J.J. Hospital in Mumbai at a time when nursing was considered an unsuitable profession for Indian women, and her achievement marked the beginning of structured nursing education in the country.



Pioneering Her Story:

Bai Kashibai Ganpat was a pioneer who defined societal norms to enter a largely unstructured and stigmatized profession.

Formal Training:

Her training in 1891 was a pivotal moment, transitioning nursing in India from untrained attendants to a more formal, structured profession.

Legacy:

Her determination helped to establish the credibility of nursing for Indian women and laid the groundwork for future nursing education and professionalization in India.

Historical Perspective:

- Before Bai Kashibai Ganpat's training, nursing in India was mostly carried out by untrained
- Her success paved the way for more Indian women to enter the nursing profession, transforming it into a vital and respected field in the country.

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Updates

Amendment of Examination Regulation in revised B.Sc.(N) syllabus

INDIAN NURSING COUNCIL
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Okhla Phase - I, New Delhi - 110020

INDIAN NURSING COUNCIL
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स्वास्थ्य एवं परिवार कल्याण मंत्रालय के तहत सांविधिक निकाय
Statutory Body under the Ministry of Health & Family Welfare

F No. 1-6/B.Sc.(N)/2025-INC Dated
NOTIFICATION – 7 of 2025 13 AUG

Sub: Amendment of Examination Regulation in revised B.Sc.(N) syllabus - reg.

Refer Gazette Notification on "Revised Regulations and Curriculum for B.Sc. (Nursing) program, Regulations, 2020" dated 05.07.2021 and its Corrigendum dated 19.04.2022. INC has been receiving various representations from nursing students regarding delay in supplementary examination by various Universities, thereby creating issues with nursing students bank loan & attending consecutive semesters.

In view of difficulties faced by nursing students regarding delays in conduct of semester supplementary exams, INC has decided to amend the following-

Para 5 Examination Regulation of Revised B.Sc.(N) syllabus, **sub para 16** is hereby amended. Para 16(i) is deleted and the remaining paras as 6(ii) to 6(iv) will remain the same.

Amended Para 16 will read as under-

The candidate shall appear for exams in each semester:

- The candidate shall have cleared all the previous examinations before appearing for seventh semester examination. However, the candidates shall be permitted to attend the consecutive semesters.
- The candidate shall have cleared all the previous examination before appearing for final year examination.
- The maximum period to complete the course successfully should not exceed 8 years.

This issues with the approval of the Competent Authority.

Yours faithfully,
(Signature)
(Col (Dr) Sarvjeet Kaur)
Secretary

▪ The candidate shall have cleared all the previous examinations before appearing for seventh semester examination. However, the candidates shall be permitted to attend the consecutive semesters.

▪ The candidate shall have cleared all the previous examination before appearing for final year examination.

▪ The maximum period to complete the course successfully should not exceed 8 years.

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Updates

RRB Vacancy- Nursing Superintendent

The Railway Recruitment Board (RRB) has announced 272 Nursing Superintendent vacancies as part of the CEN No. 03/2025 recruitment for paramedical categories.

Here is a summary of key information regarding this recruitment:

Online Application Start: August 9, 2025

Online Application End: September 8, 2025

Application Correction Window: September 11–20, 2025

Exam Date: To be announced

Eligibility criteria

Candidates should have a GNM / B.Sc. Nursing degree or equivalent from a recognized institution, be registered with a State Nursing Council, and generally be between 20 and 40 years old, with age relaxation for reserved categories.

Note:- September-8 is last day for Online Application

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Updates

Admission Year 2025-26

ADMISSION COMMITTEE FOR PROFESSIONAL MEDICAL EDUCATIONAL COURSES - Gujarat

પ્રથમ રાઉન્ડ ચોઈસ ફીલિંગ માટે કાર્યક્રમ

Details	from Date	To Date
Online Choice Filling	04/09/2025	10/09/2025 10:00 AM

ખાસ નોંધ

મોક રાઉન્ડમાં આપને સીટ ફાળવવામાં ન આવી હોય તેના કારણો નીચે મુજબ હોઈ શકે.

(૧) બહુ ઓછી સંખ્યામાં ચોઈસ ભરી હોય

(૨) આપનો મેરીટ પાછળ હોય અને આપે માત્ર સરકારી સંસ્થાઓની ચોઈસ ભરી હોય

(૩) આપે ભરેલ ચોઈસ પૈકી અમુક સંસ્થાની મંજૂરી બાકી હોવાને કારણે તે સંસ્થામાં કોઈ પણ સીટ ફાળવવામાં આવી ન હોય

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Updates

Ma Vatsalya Mother's Milk Bank

The "Ma Vatsalya Mother's Milk Bank" was inaugurated at the 1,200-bed Ahmedabad Civil Hospital in Ahmedabad, Gujarat, on August 28, 2025. The event was presided over by Gujarat's Health Minister, Shree Rushikesh Patel.



Inauguration details

Location: Ahmedabad Civil Hospital

Date: August 28, 2025

Purpose: The milk bank was established to reduce infant mortality by providing donated breast milk to premature and critically ill newborns whose mothers cannot produce enough milk.

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Upcoming Event

Global Summit on Nursing & Digital Health

The world's first summit focused on
Nursing & Digital Health

Nursing with Digital Health will transform
Healthcare Delivery

Accredited by Indian Nursing Council
15
CNE
Hours



Jio World Convention Centre,
Mumbai



19th, 20th, 21st
September 2025

The Global Digital Health Summit (GDHS), in partnership with the Indian Nursing Council (INC), is holding the Global Summit on Nursing & Digital Health 2025 in Mumbai from September 19th–21st, 2025, at the Jio World Convention Centre. The event offers Indian nurses a special registration rate of INR 3,000 to attend main-stage sessions, a specialized workshop, and receive Level-1 AI certification, along with 15 CNE hours accredited by the INC. The summit focuses on transitioning to new-age healthcare models and includes networking opportunities and special sessions for nurses.

Event Details:

Event: Global Digital Health Summit (GDHS) 2025

Dates: September 19th–21st, 2025

Venue: Jio World Convention Centre, Mumbai

Nursing With Digital Health Will Transform Health Care Delivery



Nursing World Wide

ICN makes plea to reduce use of plastic in healthcare



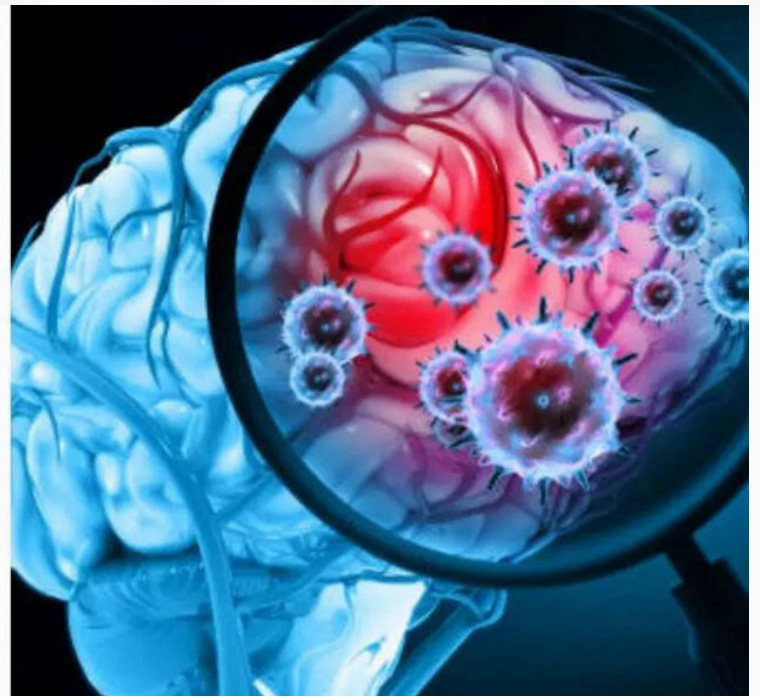
the International Council of Nurses has joined with Health Care Without Harm and major health groups to demand strong commitments to limit plastic use and protect all people from plastic-related health harms, with special considerations rather than exemptions for the health sector, in an open letter.

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Nursing World Wide

WHO guidelines on meningitis diagnosis, treatment and care



The World Health Organization (WHO) published its first-ever global guidelines for meningitis diagnosis, treatment and care, aiming to speed up detection, ensure timely treatment, and improve long-term care for those affected.

Cont...

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Nursing World Wide

Defeating meningitis by 2030

The guidelines contribute to the broader Defeating Meningitis by 2030 Global Roadmap, adopted by WHO Member States in 2020, which aims to: eliminate bacterial meningitis epidemics, reduce cases of vaccine-preventable bacterial meningitis by 50% and deaths by 70%, and reduce disability and improve quality of life after meningitis.

Achieving these goals requires coordinated action across five key areas:

Diagnosis and treatment: Faster detection and optimal clinical management.

Prevention and epidemic control: Developing new affordable vaccines, achieving high immunization and coverage, and improving outbreak preparedness and response.

Disease surveillance: Strengthening monitoring systems to guide prevention and control.

Care and support for those affected by meningitis: Ensuring early recognition and improved access to care and support for after-effects from meningitis.

Advocacy and engagement: Increasing political commitment and inclusion in country plans, better public understanding of meningitis, and increased awareness of right to prevention, care and after-care services.

Gujarat's first nurse-led clinic



Apollo Hospitals, Ahmedabad, inaugurated Gujarat's first Nurse-Led Clinic on Wednesday. The facility was formally launched by Cdr Jelson Kavalakkat, CEO, Apollo Hospitals, Ahmedabad.

The initiative has been introduced under the leadership of Capt (Dr) Usha Banerjee, Group Director Nursing, Apollo Hospitals. It is part of Apollo's continued focus on integrating nursing expertise into patient care pathways.

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Key details of the initiative:

Location: Apollo Hospitals, Ahmedabad.

Leadership: Capt (Dr) Usha Banerjee, Group Director Nursing, Apollo Hospitals.

Services: Nurses provide structured education, counseling, post-discharge care demonstrations, routine follow-ups, and support chronic disease management.

Focus: Integrating nursing expertise to enhance patient-centered care and promote preventive health.

Goal: To provide consistent clinical support, health education, and improved treatment outcomes by empowering nurses as care partners with doctors.

Health Related Current Affairs

Nepal has eliminated rubella as a public health problem

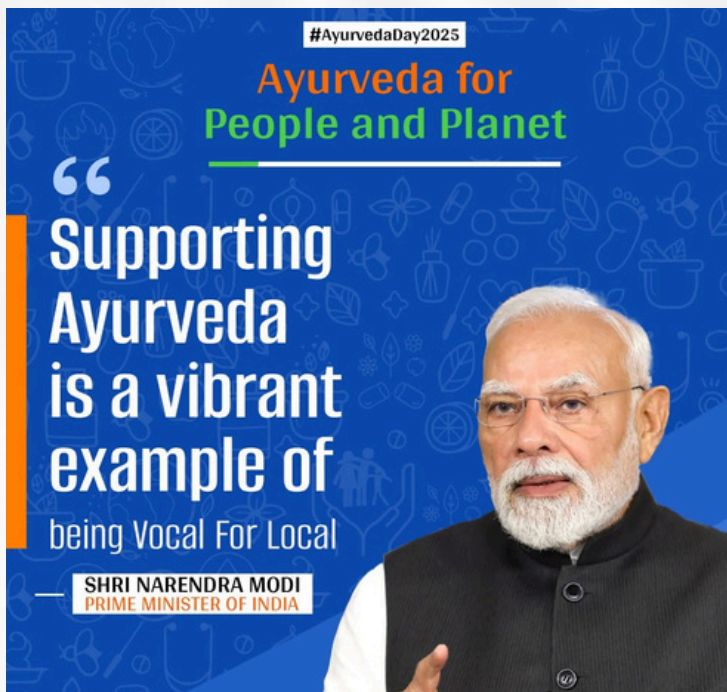
The World Health Organization announced Nepal has eliminated rubella as a public health problem, a remarkable achievement for a country making concerted efforts to protect its people from vaccine preventable diseases.



Nepal is the sixth country in WHO South-East Asia to achieve rubella elimination. Prioritizing elimination of measles and rubella as public health problems in WHO South-East Asia by 2026, Bhutan, DPR Korea, Maldives, and Timor-Leste have eliminated measles, and Bhutan, DPR Korea, Maldives, Sri Lanka, Timor-Leste, and now Nepal, have eliminated rubella.

Health Related Current Affairs

Ayurveda Day to be marked on 23 September annually from 2025



For the first time since its inception in 2016, Ayurveda Day will be observed on a fixed date i.e. on 23 September – every year, as notified by the Government of India through a Gazette Notification. Earlier, Ayurveda Day was celebrated on Dhanvantari Jayanti (Dhanteras). The decision to assign a fixed date marks a historic shift, giving Ayurveda a universal calendar identity and enabling greater participation at the global level.

The theme for this year's celebration – **“Ayurveda for People & Planet”** – the Union Minister of State (Independent Charge) for Ayush and Minister of State for Health & Family Welfare, Shri Prataprao Jadhav, said, “Ayurveda is not just a healthcare system, it is a science of life rooted in the principle of harmony between the individual and the environment.

Research Article

Digital Competency in Modern Nursing: Transforming Healthcare through Technology



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The digital revolution has fundamentally transformed healthcare delivery, positioning digital competency as an essential skill set for contemporary nursing professionals. This article explores the multifaceted nature of digital competency in nursing, examining its impact on patient care, professional development, and healthcare outcomes. As we navigate the complexities of modern healthcare systems, nurses must embrace technology not merely as a tool, but as an integral component of evidence-based practice that enhances patient safety, improves care coordination, and drives innovation in nursing practice.

Introduction

The nursing profession stands at the crossroads of tradition and innovation, where the timeless values of compassionate care meet the sophisticated demands of digital healthcare environments. Digital competency in nursing encompasses far more than basic computer literacy; it represents a comprehensive understanding of how technology can be leveraged to enhance patient outcomes, streamline workflows, and advance the art and science of nursing practice.

In an era where electronic health records, Telehealth platforms, mobile health applications, and artificial intelligence are becoming standard components of healthcare delivery, nurses must develop and maintain digital competencies that enable them to navigate these technologies effectively while maintaining the human-centered approach that defines nursing care.

Defining Digital Competency in Nursing

Digital competency in nursing refers to the knowledge, skills, and attitudes required to effectively use digital technologies in healthcare settings. This multidimensional concept encompasses several key domains:

Technical Proficiency: The ability to navigate and operate various digital healthcare systems, including electronic health records (EHRs), clinical decision support systems, and medical devices with digital interfaces.

Information Literacy:

The capacity to critically evaluate, synthesize, and apply digital health information while understanding issues related to data privacy, security, and ethical use of technology.

Digital Communication:

Proficiency in using digital platforms for patient care coordination, interdisciplinary collaboration, and professional networking while maintaining appropriate boundaries and confidentiality.

Innovation and Adaptation:

The willingness and ability to embrace emerging technologies and adapt nursing practices to incorporate new digital tools that enhance patient care.

Core Components of Digital Competency

Electronic Health Records Mastery

Electronic health records represent the backbone of digital healthcare documentation. Nurses must demonstrate proficiency in navigating complex EHR systems, understanding data relationships, and utilizing decision support tools embedded within these platforms. This includes the ability to interpret digital documentation, recognize system limitations, and maintain data integrity while ensuring efficient workflow management.

Tele-health and Remote Monitoring

The expansion of Tele-health services has created new frontiers for nursing practice. Digital competency in this domain requires understanding of various Tele-health platforms, ability to conduct virtual assessments, and skills in remote patient monitoring. Nurses must also develop competencies in digital communication techniques that maintain therapeutic relationships in virtual environments.

Health Information Systems

Modern healthcare relies on interconnected information systems that require nurses to understand data flow, interoperability issues, and system integration challenges. This includes knowledge of how different systems communicate the importance of data standardization, and the role of nurses in ensuring seamless information exchange across care settings.

Professional Development and Career Advancement

Digital competency has become increasingly important for nursing career advancement. Healthcare organizations prioritize candidates who demonstrate proficiency with digital technologies, and many leadership roles require understanding of healthcare informatics and digital transformation initiatives. Nurses who develop strong digital competencies position themselves for opportunities in emerging fields such as nursing informatics, Tele-health coordination, and digital health innovation. Continuous professional development in digital competency also enhances nurses' ability to contribute to quality improvement initiatives, participate in research activities, and assume leadership roles in technology implementation projects. This creates pathways for career diversification and professional growth that extend beyond traditional bedside nursing roles.

Challenges and Barriers

Despite the clear benefits of digital competency, several challenges impede its development and implementation in nursing practice. Technology-related anxiety and resistance to change represent significant barriers, particularly among experienced nurses who may feel overwhelmed by the pace of digital transformation. Additionally, inadequate training programs, time constraints, and limited organizational support can hinder the development of digital competencies.

The digital divide also presents challenges, as not all nurses have equal access to technology training and resources. Rural healthcare settings, under-resourced facilities, and certain demographic groups may face additional barriers to developing digital competencies, creating disparities in professional development opportunities.

Educational Implications

Nursing education programs must evolve to integrate digital competency development throughout the curriculum. This includes not only technical skills training but also critical thinking about technology's role in healthcare, ethical considerations related to digital health, and understanding of how technology can enhance rather than replace human caring in nursing practice.

Simulation-based learning environments offer valuable opportunities for nurses to practice digital skills in safe, controlled settings before applying them in clinical practice. Additionally, inter-professional education initiatives that include informatics specialists, biomedical engineers, and other technology professionals can provide nurses with broader perspectives on digital healthcare systems.

Implementation

Healthcare organizations should develop comprehensive digital competency frameworks that outline expected skills and knowledge for nursing staff at various career levels. These frameworks should be supported by robust training programs, mentorship opportunities, and ongoing professional development initiatives that keep pace with technological advancement.

Leadership commitment to digital transformation is essential, including investment in user-friendly technologies, adequate training resources, and change management support. Organizations should also establish clear policies and procedures for technology use, ensuring that digital tools enhance rather than hinder nursing practice.

Conclusion

Digital competency represents a fundamental requirement for contemporary nursing practice, influencing every aspect of patient care delivery, professional development, and healthcare outcomes. As healthcare systems continue to evolve and integrate new technologies, nurses must embrace digital competency as an essential professional skill that complements and enhances traditional nursing competencies.

The journey toward digital competency requires commitment from individual nurses, educational institutions, and healthcare organizations. By investing in digital skills development, the nursing profession can harness the power of technology to improve patient outcomes, advance professional practice, and shape the future of healthcare delivery.

The integration of digital competency into nursing practice is not merely about adopting new technologies; it is about transforming the way nurses deliver care, communicate with patients and colleagues, and contribute to the broader healthcare ecosystem. As we look toward the future, digital competency will continue to evolve, requiring ongoing learning, adaptation, and innovation from nursing professionals at all levels.

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Quiz

When was TNAI founded?

1905

1908

1910

1915

When was SNAI established?

1908

1929

1950

2000

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Quiz

Who can be a member of SNAI?

Student nurses

Registered nurses

Nursing educators

All of the above

Which type of events does SNAI typically organize?

Conferences

Workshops

Seminars

All of the above

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About Us

Welcome to Nursing Monthly Magazine, your premier source for the latest updates, trends, and insights And More in the nursing profession. Our mission is to empower nurses with knowledge, innovation, and best practices, shaping the future of healthcare.

Our Mission And Vision :-

Empowering nursing professionals with knowledge, Latest Updates , insights, and innovation in Nursing profession.

Our Reach:-

Nursing Monthly Magazine reaches a audience of Approximately 10,000 nursing professionals across various specialties, Nursing Students Groups and various Social Media Platform.



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